# Ontological Coaching and Leadership in Action

OCCE
Continuing Coach Education
International Coach Federation

Bristol
United Kingdom 2019

An experiential workshop on a powerful new approach to coaching











## ONTOLOGICAL COACHING AND LEADERSHIP IN ACTION

The Ontological Coaching
Institute and Limbic Solutions
present Ontological Coaching and
Leadership in Action – a three-day
workshop introducing a powerful
new approach to personal and
organisational coaching.

Join us for a profound learning experience that will allow you to:

- Engage with a powerful, highly effective approach to coaching, capable of generating deep positive change
- Greatly increase your own ability and capacity for masterful living and action
- Lead authentically with greater influence and impact
- Develop more constructive and mutually fulfulling relationships in both your personal and professional life

"Theory without practice is foolish, practice without theory is dangerous." Ancient Chinese Philosophy

#### ICF APPROVED COACH EDUCATION

This workshop is recognised by the ICF as 24 Continuing Coach Education Units (CCEU) in Core Coaching Competencies.

## INTRODUCING A UNIQUELY POWERFUL APPROACH TO LEARNING, LEADING AND COACHING

Ontological Coaching is an extraordinarily powerful methodology for generating real change at the individual, team and organisational level. It is highly effective because it is based on a new practical understanding of the power of language, moods and conversations for sustainable behavioural and cultural change.



**WAY OF BEING** 

Ontological Coaching focuses on our Way of Being, which is a dynamic interrelationship between three areas of human existence — language, emotions and body. Way of Being contains our often deep-seated perceptions and attitudes and is the underlying driver of our behaviour and communication. Ontological coaching has a holistic orientation that respectfully generates learning in all three areas of language, emotions and body as the catalyst for substantive and sustainable change.





#### **WORKSHOP CONTENT**

The workshop is interactive and highly experiential and includes coaching practice.

#### At the end of the workshop, you will be able to:

- Understand the conceptual framework and principles of Ontological Coaching
- Understand how specific linguistic actions shape reality and how they can be used effectively in coaching to shift behaviour
- Apply a different and deeper approach to the role of listening in coaching and leading
- Understand the pivotal role of moods and emotions in coaching and leading for deep and sustainable change
- Recognise, work with and shift the ways moods and emotions impact on communication, behaviour and performance
- Observe and work with the interconnection between basic moods, body posture and language

#### WHO WILL BENEFIT FROM ATTENDING THIS WORKSHOP?

Ontological Coaching and Leadership in Action is highly applicable for:

- Existing and aspiring coaches
- · Leaders, managers and organisational consultants
- Professionals operating in highly people-focused environments
- Individuals interested in substantive personal development

## ABOUT THE ONTOLOGICAL COACHING INSTITUTE

The Ontological Coaching Institute (OCI) is an international educational, coaching and consulting company specialising in the development of coaches, leaders and managers. As one of the most highly regarded coach training schools in the Asia-Pacific region, the OCI specialises in a powerful and highly effective methodology called Ontological Coaching. Whilst there is substantial intellectual foundation to Ontological Coaching, the OCI's coach training programs are highly practical and 'hands on'.

## WORKSHOP LEADER JEREMY STUNT, LIMBIC SOLUTIONS

Jeremy has been an ontological practitioner for 10 years and a facilitator of the OCLIA program since 2017. As an executive coach and facilitator he works with individuals and teams to deliver transformational change and has served clients on six continents across a diverse range of cultures and industry sectors.

Jeremy has a strong interest in helping others to work strategically and with greater personal authenticity whilst improving performance. His objectives are to help clients to be more adaptive, engaged and productive in the face of challenging situations.

Before he became a coach, Jeremy held leadership roles including regional Chief Operating Officer and Chief Financial Officer during periods of immense change. Having been on his own exciting transformation journey, he is passionate about helping others to be more resourceful and resilient in their personal and professional lives.

### WORKSHOP DATES & FEES FOR 2019: BRISTOL, UNITED KINGDOM

WORKSHOP DATE	WORKSHOP TIMES	STANDARD WORKSHOP FEES	EARLY BIRD DISCOUNT
6 - 8 November 2019	9am – 6pm Daily	£1,590	£1,350 payable in full by 20 September 2019

More than one person coming from your organisation? Please ask about discounts.

VENUE: Aztec Hotel & Spa, Aztec West, Almondsbury, Bristol, BS32 4TS / Phone: 01454 201 090

#### REGISTRATION FORM: ONTOLOGICAL COACHING AND LEADERSHIP IN ACTION WORKSHOP PLEASE RETURN COMPLETED FORM TOGETHER WITH PROOF OF PAYMENT BY EMAIL TO: JEREMY STUNT at jeremy.stunt@limbicsolutions.co.uk **Ontological Coaching and Leadership** I wish to pay (please tick) in Action Workshop [ ] STANDARD FEE: £1,590 **Bristol, United Kingdom** [ ] EARLY BIRD FEE: £1,350 **DATE** I enclose payment of £\_\_\_\_ 6 - 8 November 2019 **PAYMENT BY BANK TRANSFER:** Account Name: LIMBIC SOLUTIONS LIMITED Aztec Hotel & Spa Bank: HSBC UK Aztec West, Almondsbury Bank/Sort Code: 402411 Bristol, BS32 4TS Account Number: 12209160 Name: International payments: BIC: HBUKGB4B IBAN: GB42HBUK 402411 12209160 Address: **REGISTRATION CANCELLATION POLICY:** Where possible and by mutual agreement, participants who Town/City: have paid for the workshop but are unable to attend, may arrange to attend the same workshop at another date. Failing this, the following applies: Postcode: • Full refund less 15% administration fee for cancellation 31 days or more before workshop date. • 50% refund for cancellation 16-30 days before workshop. Country: · No refund for cancellation less than 15 days before · Returning a completed registration form and payment of Work Phone: your course fees will be deemed an acceptance of the course booking and cancellation policy. Mobile: FOR ENQUIRIES AND FURTHER INFORMATION: Please contact: Email: Jeremy Stunt at Limbic Solutions Limited Email: jeremy.stunt@limbicsolutions.co.uk





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